Symbol Digit Modalities Test (SDMT)

Oral Version

Manual
Oral Symbol Digit Modalities Test

**Estimated examination time:**
2 minutes

**Estimated number of items:**
As many as possible in 90 seconds

**Materials:**
Scoring Sheet (for examiner)
Laminated symbol sheet copy, for participant
Stopwatch/timer

**Description:**
In this measure of processing speed, the participant will be given 90 seconds to orally match symbols with digits as quickly as possible. The key (specifying which symbols are assigned to which numbers) will be located at the top of a scoring sheet. The examiner will record the participant's responses directly on the scoring sheet.
Administration Instructions:

Practice items: The examiner hands the participant the laminated symbol sheet and says:

“Please look at the symbols at the top of the page. Each symbol is paired with a number” (the examiner points to the pairs and shows how they are arranged across the row).”

“Now look here” (the examiner points to the row of symbols without numbers).

“Here, there are symbols but no numbers. I would like you to tell me the number that goes with each symbol like this: You see this symbol (e.g., “+”), it is matched with the number 7 (the examiner points to the key), so you would say or tell me “7”; this next symbol (the examiner points to the “>”), is paired with an six (point), so you would say or tell me “6”. Does this make sense? Now you try the rest of the row for practice. Remember to say each number out loud so that I can hear you.”

The examiner should provide feedback after each response, indicating whether the response is correct with “That’s right” or correcting the response when it is wrong.

After the participant has completed the practice row, say:

“Good. Now that you know how to do this, I am going to ask you to do some more.”

Test items: The examiner should point to the next part of the laminated response form and say:

“When I tell you to start I want you to do the rest of these the same way. I want you to work as quickly as you can without skipping any of the boxes or making mistakes. When you are finished with the first row (the examiner points), move on to the next one (the examiner points). Continue until the screen goes blank. If you make a mistake, just tell me the correct answer and keep going. Ready?”

The examiner should start the on-screen timer as he/she says:

“Begin”.

The examiner should strike through the items on which the participant makes errors. The timer will go off after 90 seconds.

The examiner says to the participant:

“We’re now finished with that activity”.