



DELIVER-MS

# FEBRUARY 2020 NEWSLETTER

## WELCOME TO THE DELIVER-MS NEWSLETTER

We welcome newly opened site Cambridge, UK this month. With Oxford having just recently opened we are keen to see how the Oxbridge rivalry pans out for DELIVER-MS...

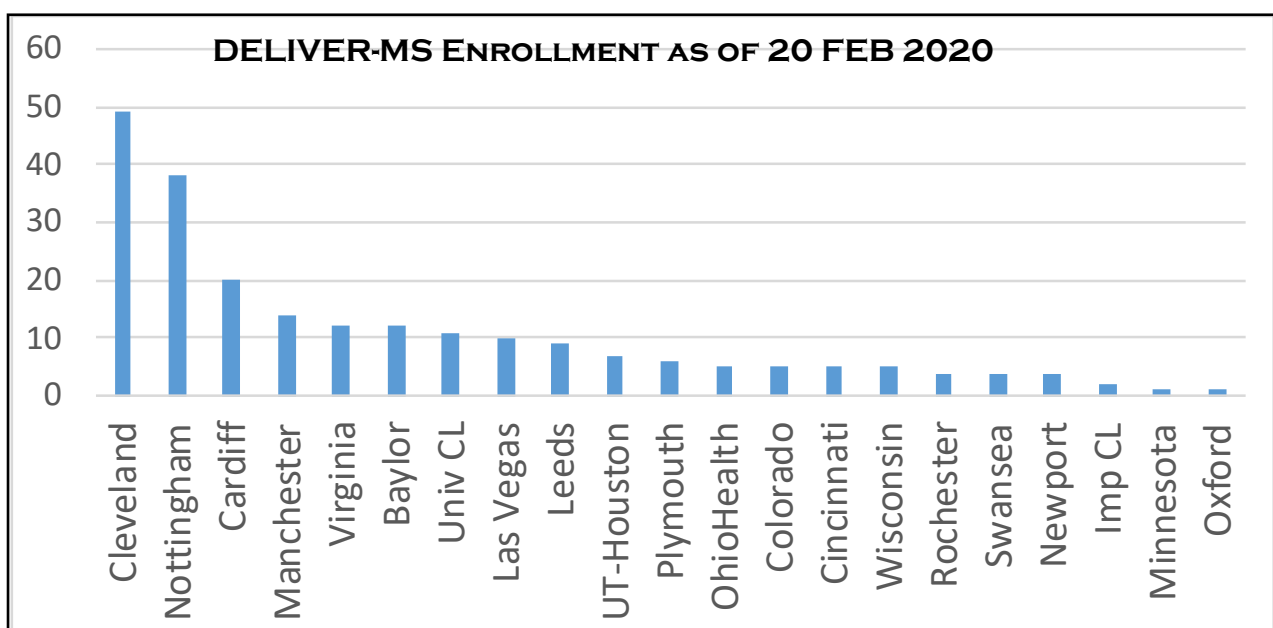
📍 Sites open 📍 Sites yet to open



...and as you can see the UK vs. US recruitment race is neck and neck!!

### TOP RECRUITING SITE

**Outstanding** recruitment by Manchester who have doubled their numbers this month.



## **DELIVER-MS TEAM FOCUS : LEEDS, UK**

Leeds is renowned as a city for culture, night-life, fantastic shopping and a thriving university and business economy. We caught up with Martin O'Malley, Neurology Research Nurse in Leeds, to find out about their experience so far with DELIVER-MS.

**What are your top tips for recruitment?** "Having research savvy members of the clinical team is key. Our MS nurses have been crucial in identifying opportunities to introduce the trial to our patients, particularly our MS Co-ordinator (Melanie Russell). DELIVER is also discussed at our regional MDT and all neurologists identify and refer potential participants. This ensures that we don't miss a single eligible patient."

**What feedback have you had from participants so far?** "DELIVER-MS has had nothing but favourable feedback so far. The trial design allows frequent specialist contact without being over intrusive. This can be very appealing as our participants are newly/recently diagnosed and are still coming to their own terms about Multiple Sclerosis."

**What are the key factors that have made DELIVER-MS a success in**

**Leeds?** "The enthusiasm, work ethic, professionalism and passion from our PI Dr Oliver Lily, along with the support from the other neurology doctors co-ordinators, MS Nurse



specialists and the wider neurology network across Yorkshire have made this trial the success that it is. The support of the trial research nurses (Prisca Mpofu, Caroline Peasey and Shanaz Begum) has been exemplary, creating a seamless service for our patients. Like the proverbial duck - we like to remain calm on the surface while paddling like the dickens underneath!"

**Any final messages for the rest of the DELIVER-MS team?** "I wish everyone good luck in recruitment in 2020."