

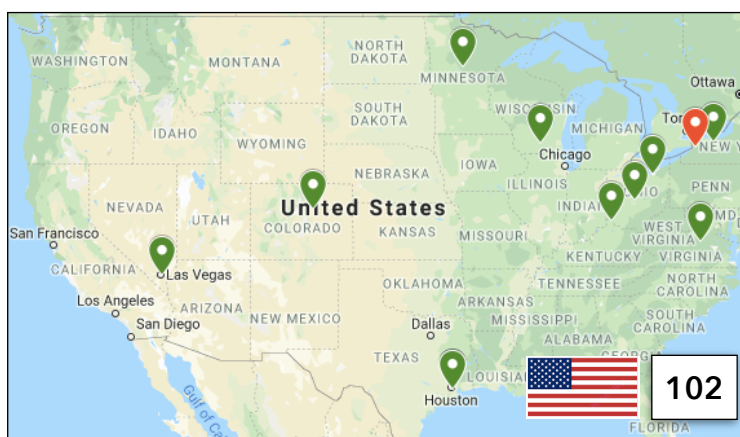

DELIVER-MS

JANUARY 2020 NEWSLETTER

WELCOME TO THE DELIVER-MS NEWSLETTER

Happy new year to you all! We hope you enjoyed a fantastic break over the Christmas holidays. Recruitment naturally took a hit over the holiday period but we're hoping you're all recharged with strong resolutions to recruit well this year!

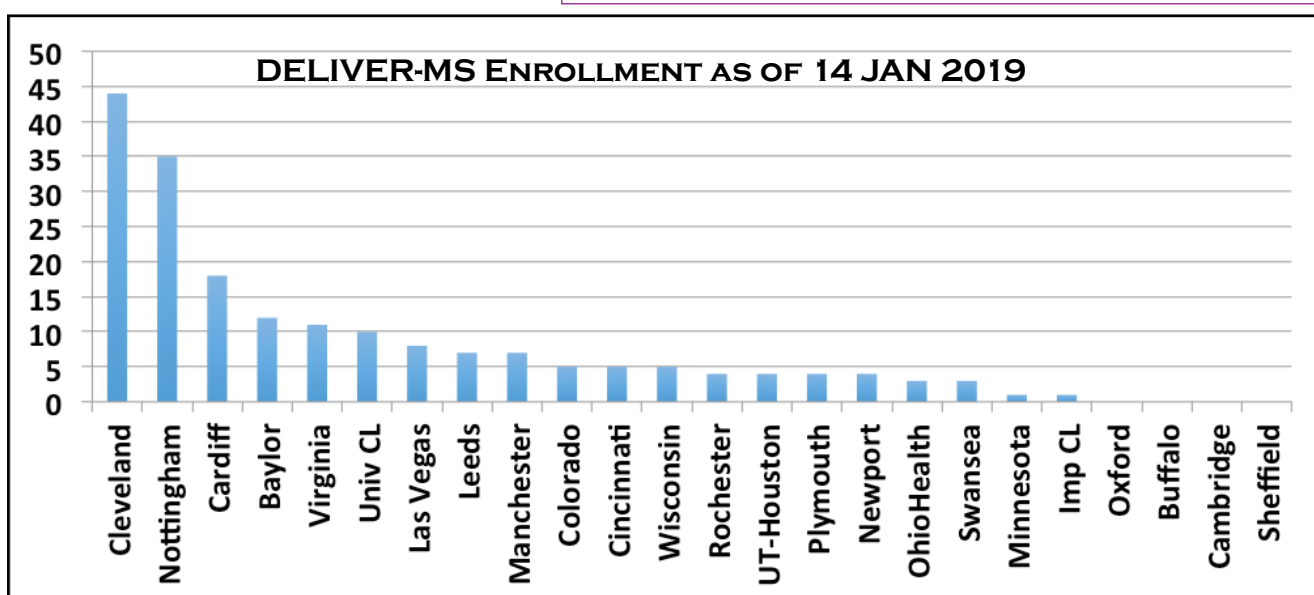
📍 Sites open 📍 Sites yet to open



Congratulations to **Minnesota** and **Imperial College London** for their first enrolments to the study this month.

TOP RECRUITING SITES

December was a slow month for the study but Ohio Health, Baylor, Newport and UCL all helped keep our recruitment on track.



DELIVER-MS TEAM FOCUS : VIRGINIA, USA

This month we're focusing on the DELIVER team in Virginia, USA. Dr Meena Kannan (PI) joined University of Virginia after completing her neurology residency at Emory University and MS fellowship at Oregon Health & Science University. In her spare time, she enjoys spending time exploring the outdoors with her handsome puppy, Baron; honing her fly casting skills and spending time with her family. Margaret Keller (Research Nurse) is a grandmother of 3 and a keen rower. She can often be found on the reservoir before work, sculling with the Rivanna Rowing Club. We asked Meena and Margaret to tell us about their experience of DELIVER-MS so far.

What aspects of the DELIVER-MS study are you most excited about?

Meena: In recent years, we have seen a dramatic increase in the number of treatment options available for patients but little evidence regarding whether escalation or induction - leads to better outcomes. I am excited about helping to answer this question.

Margaret: Additionally, patients who choose to participate have the study personnel as additional sources of information as they navigate their new diagnosis.

How are you approaching recruitment in Virginia?



All MS providers are aware of the study, and have laminated cards with inclusion/exclusion criteria. When discussing this study with patients, we emphasize that the optimal treatment approach – escalation vs induction - remains uncertain. Patients are offered 'study' as an option when being introduced to DMT choices after diagnosis. And finally, we remind other local neurologists about the study during team meetings.



Margaret (above left) and Meena (above right). Taken during a snowy monitoring visit to Virginia (below).



FINAL THOUGHTS

-  The DELIVER-MS team thanks all sites for their hard work. With an extension to recruitment looking highly likely, we encourage you to do all you can to achieve your targets locally.
-  Do reach out to us with any queries.