

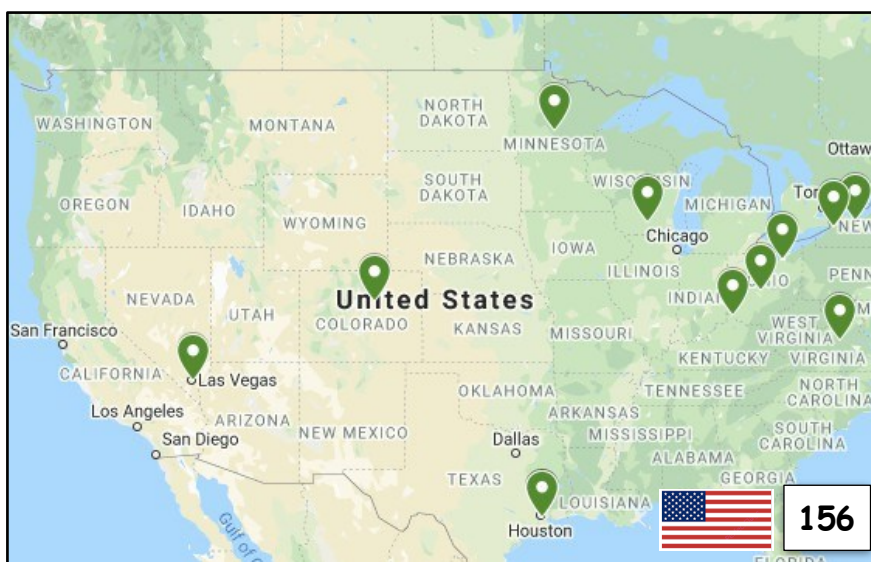


June 2026

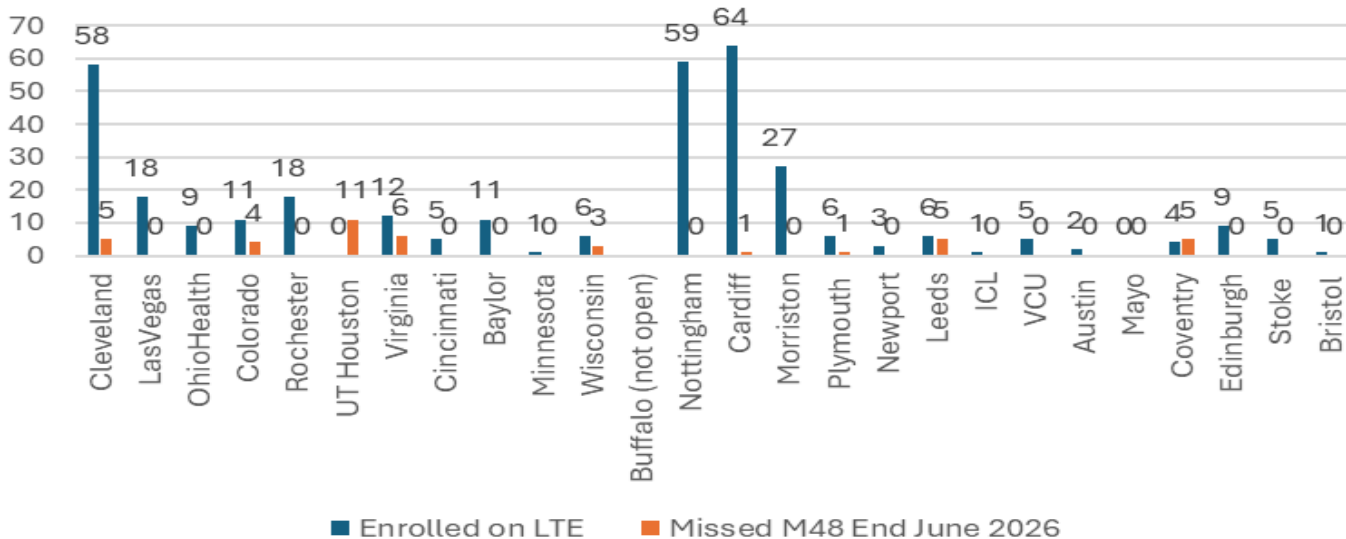
Does early treatment with highly effective DMT improve prognosis for people with MS?

WELCOME TO THE DELIVER-MS NEWSLETTER

We would like to thank all the sites for their efforts on both DELIVER-MS and DELIVER-MS Long Term Extension (LTE). For DELIVER-LTE there are 23 sites that have enrolled at least one patient and 1 site pending activation. We have also started tracking patients who have already reached M48 and have not enrolled in the LTE. Please reach out if you have any questions about enrollment!



DELIVER-MS LTE



2 patients from Cardiff have transferred to Bristol, 1 from Nottingham to Leeds, and 1 from Rochester to Cleveland

REMINDERS

- Please push EVERY visit to QA! Data can only be reviewed/analyzed by the central team when a visit is in QA
- Complete M36 MRIs on the DELIVER approved scanner is a must and should be done without exception in all DELIVER participants
- Please ensure that observational participants complete their M36 MRI within the insurance window using the DELIVER protocol
- MRIs in the LTE are flexible and preferred on DELIVER approved scanner if possible (will still accept MRIs if not on the DEL approved scanner)
- Let us know if a participant declines the LTE
- The new DELIVER-LTE PCORI awards have been sent out please ensure they are being processed**
- Please ensure that DEL LTE invoices are being sent for review and payment**

Site Shoutout

We wanted to highlight a US and a UK site to learn a little more about what makes each site so special! Check out the end of the newsletter to find out more about the University of Minnesota and Swansea!

FINAL THOUGHTS

We want to thank you all for your ongoing dedication to DELIVER-MS and now the LTE. Please reach out to our team if you have any questions!

Relevant Links

Our website is:

www.deliver-ms.com

Our mailing address is:

planchs@ccf.org (US) and harriet.howard5@nhs.net (UK)

☀️ **University of Minnesota** ☀️

Dr. Will Schmalstieg is a native of Galveston, Texas and went to medical school at the University of Texas-Southwestern, where he learned about multiple sclerosis from Dr. Elliot Frohman. He completed neurology residency and a multiple sclerosis clinician investigator fellowship at the Mayo Clinic in Rochester, Minnesota and then worked as a postdoctoral fellow in Dr. Chuck Howe's Translational Neuroimmunology laboratory. He has been a faculty member in the University of Minnesota Department of Neurology since 2013. In addition to seeing patients in the University MS Clinic and conducting research, Dr. Schmalstieg is the Program Director of the University of Minnesota Neurology Residency Program. His greatest joys are his three children and his ongoing quest to run a half-marathon in all 50 U.S. states.

Beth Zander is the study coordinator for the Deliver MS study. She has been a CRC and project manager in psychiatry and neurology at the University of Mn since 2009. In addition to managing research, she also is the Movement Disorders Fellowship Administrator. Outside of work, she and her husband Clark and two adult sons love to travel. This year it will be Denmark in late summer! But her favorite place is either in her flower garden or tent camping in the Western US in the mountains by a trout stream.

Best things to do when you come to Minneapolis:

Restaurants! We have great cuisine here! Try Diane's place for fantastic Hmong food!

Theater and culture: The Guthrie, the Mia, the Walker, the Orpheum or State theater

Sports: MN Lynx, Timberwolves, Frost, Wild, Twins, Vikings, United

Hiking at a park or go to one of our 10000 lakes! Visit Duluth, the airconditioned city on the great Lake Superior and also hike the Superior national trail.

Year round, Minnesotans are on ice rinks or running around the lakes, celebrating our wonderful city!



☀️ **Morrison Hospital, Swansea** ☀️

Principal Investigator: Dr Owen Pearson

Swansea is Wales' second-largest city and is renowned for its stunning coastline, rich cultural heritage, and strong links to healthcare, education, and research. Situated on the south coast of Wales, Swansea offers a unique combination of urban amenities and natural beauty. The city is home to the Gower Peninsula, the first area in the United Kingdom to be designated as an Area of Outstanding Natural Beauty, known for its picturesque beaches, dramatic cliffs, and diverse wildlife.



Swansea is also home to Swansea Bay University Health Board, which provides healthcare services to the local population and supports medical education and research in partnership with Swansea University. The city's combination of natural beauty, academic excellence, and healthcare innovation makes it an attractive place to live, work, study, and conduct clinical research.

The Clinical Research Unit at Morrison Hospital is actively involved in important neurological research studies, including the DELIVER-MS study. Through participation in studies such as DELIVER-MS, the Clinical Research Unit contributes to advancing

knowledge, improving patient care, and supporting the development of evidence-based treatments for neurological conditions.

The Multiple Sclerosis (MS) Team at Swansea Bay University Health Board provides specialist, patient-centred care for 2200 people living with MS. The team is dedicated to delivering high-quality clinical support, education, and ongoing management, helping patients and their families navigate their condition while promoting independence, wellbeing, and the best possible quality of life. Through innovation, research, and compassionate care, the team continues to improve outcomes for people affected by MS across the region

Due to the continued successful collaboration between The MS Team and the Clinical Research Unit, we recruited a total of 30 participants into the Deliver MS study, and are currently running a total of 15 active MS trials.

